

FIRST TERM
WEEKLY LESSON NOTES
WEEK 10
REVISION AND END OF TERM ASSESSMENT

Week Ending: 17-03-2023	Day:	Subject: Career Technology	
Duration: 60MINS		Strand: Strands for the term	
Class: B8	Class Size:	Sub Strand: Sub strands for the term	
Content Standard: Demonstrate knowledge and understanding in the topics treated so far.		Indicator: Recall and summarize all what they have learnt within the term	Lesson: 1 of 1
Performance Indicator: Learners can recall and summarize all what they have learnt within the term		Core Competencies: CP 6.5: CI 5.4: CI 5.2:	
Reference: Career Technology Curriculum Pg. 52			
Phase/Duration	Learners Activities		Resources
PHASE 1: STARTER	Using questions and answers, find out what learners already know about measuring and marking out in the sewing laboratory. Introduce the lesson by sharing the performance indicators.		
PHASE 2: NEW LEARNING	Revise with learners to demonstrate skills of personal hygiene. Learners in groups demonstrate how to prevent bad body odor using the materials. Let learners plan and organize campaigns to educate the school community on the elimination of bad body odor. Have learners identify proper management and disposal of household and industrial waste. Guide learners to discuss and report on the following: i. The different ways of disposing off home and industrial waste; E.g., landfills, combustion. ii. The proper ways of disposing off household and industrial waste; E.g. Sanitary landfill disposal and incineration disposal, recycling household and industrial waste. Learners in groups explore the functions of food to the body. <u>Assessment</u> 1. What is meant by Personal hygiene? 2. Mention any four Personal hygiene practices 3. Identify and explain ways of disposing off home and industrial waste.		Pictures and charts of food

	<p>4. What is food?</p> <p>5. State with three examples each, the six food groups.</p> <p>6. Mention four importance of eating food.</p> <p>Body building foods or growth foods may include</p>	
<p>PHASE 3: REFLECTION</p>	<p>Use peer discussion and effective questioning to find out from learners what they have learnt during the lesson.</p> <p>Take feedback from learners and summarize the lesson.</p> <p>Ask learners how the lesson will benefit them in their daily lives.</p>	

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Duration: 60MINS		Strand: Strands treated for the term	
Class: B8	Class Size:	Sub Strand: Sub strands for the term	
Content Standard: Demonstrate knowledge and understanding in the topics treated so far.		Indicator: Preparation towards vacation	Lesson: 1 of 1
Performance Indicator: Learners can answer all end of term assessment questions in their exercise books.		Core Competencies: CP 6.5: CI 5.4: CI 5.2:	
Reference: Career Technology Curriculum Pg. 53			
Phase/Duration	Learners Activities	Resources	
PHASE 1: STARTER	Ask learners to bring and display all the materials needed for the assessment. Educate them on the consequences of examination mal practice.	Exercise books, pen, pencils, erasers, Answer sheets.	
PHASE 2: NEW LEARNING	Engage learners to arrange themselves properly to sit for the assessment test. Mark learners answer sheets or exercise books. Fill in learner's SBA books and report cards. Distribute learners answer sheets or exercise books for feedback.	SBA, Assessment Questions and exercise books.	